

A Letter to Study-Group Participants
About Studying *Meeting at the River*
(to be given out with each book)

Hello, brothers and sisters in Christ!*

Welcome to this unique study on having a godly attitude and perspective on our God-designed, gender-distinctive bodies. Most of us grew up with *body shame*—a dangerously dysfunctional perception of ourselves. My book—partly autobiographical but mainly fantasy—challenges that latter view with the authentic research that helped bring me back to the *body acceptance* once common among our ancestors in the faith.

Before your first study-group meeting, read the entire book. If questions arise, don't raise them at your first study-group meeting. Instead, make a note to bring them up when that section is being covered in discussion.

Then, shortly before each scheduled meeting, carefully review the section to be covered in that session. Include, in that review, a thorough study of all the endnote references for that section. These contain much of the research that brought me to my conclusions, and many of these endnotes will be cited in the group discussions.

Again, I'm thrilled to see you taking this educational journey, which changed my mind and my life. Hopefully it will do the same for you.

Blessings in Christ!

David L. Hatton

*I wrote my book with both male and female readers in mind. The full impact of its discussion in a group setting will be greatly diminished without the participation of husbands, wives, and singles of both genders.